

WORKWEAR / EU SIZE CHARTS

WOMEN / EU REGULAR + TALL (CM)

Sizes	XS	S	M		L		XL		2XL		3XL		4XL		5XL		6XL	
	C34	C36	C38	C40	C42	C44	C46	C48	C50	C52	C54	C56	C58	C60	C62	C64	C66	C68
Body height	156	160	164	168	170	172	174	174	176	176	178	178	178	178	178	178	178	178
Chest	80	84	88	92	96	100	104	108	112	116	120	124	128	132	136	140	144	148
Waist [†]	65	68	72	76	80	84	88	93	98	103	108	113	118	123	128	133	138	143
Hip	88	92	96	100	104	108	112	116	120	124	128	132	136	140	144	148	152	156
Inseam	74	76	78	80	81	82	83	83	84	84	85	85	85	85	85	85	85	85
Inseam tall*	79	81	83	85	86	87	88	88	89	89	90	90	90	90	90	90	90	90

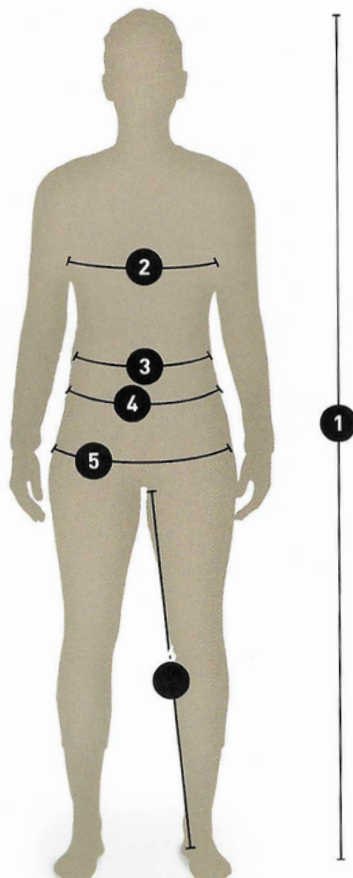
WOMEN / EU REGULAR + TALL (INCH)

Sizes	XS	S	M		L		XL		2XL		3XL		4XL		5XL		6XL	
	C34	C36	C38	C40	C42	C44	C46	C48	C50	C52	C54	C56	C58	C60	C62	C64	C66	C68
Body height	5'1"	5'3"	5'5"	5'6"	5'7"	5'8"	5'9"	5'9"	5'9"	5'9"	5'10"	5'10"	5'10"	5'10"	5'10"	5'10"	5'10"	5'10"
Chest	31 1/2	33	34 2/3	36 2/9	37 4/5	39 3/8	41	42 1/2	44	45 2/3	47 1/4	48 4/5	50 2/5	52	53 1/2	55 1/9	59 1/2	58 1/4
Waist [†]	25 3/5	26 7/9	28 1/3	30	31 1/2	33	34 2/3	36 3/5	38 4/7	40 5/9	42 1/2	44 1/2	46 1/2	48 3/7	50 2/5	52 1/3	54 1/3	56 2/7
Hip	34 2/3	36 2/9	37 4/5	39 3/8	41	42 1/2	44	45 2/3	47 1/4	48 5/6	50 2/5	52	53 1/2	55 1/8	56 2/3	58 1/4	59 5/6	61 3/7
Inseam	29 1/8	30	30 5/7	31 1/2	31 8/9	32 2/7	32 2/3	32 2/3	33	33	33 1/2	33 1/2	33 1/2	33 1/2	33 1/2	33 1/2	33 1/2	33 1/2
Inseam tall*	31 1/9	31 8/9	32 2/3	33 1/2	33 6/7	34 1/4	34 2/3	34 2/3	35	35	35 3/7	35 3/7	35 3/7	35 3/7	35 3/7	35 3/7	35 3/7	35 3/7

[†]Waist (at belly-button height)

*Most of Helly Hansen Workwear C-sized and D-sized pants can be extended by unpicking a seam at bottom hem

HOW TO MEASURE



1: BODY HEIGHT

2: CHEST

3: WAIST (AT BELLY-BUTTON HEIGHT)

4: WAISTBAND (WHERE YOUR PANTS' WAISTBAND IS PLACED)

5: HIP

6: INSEAM

SIZE CONVERSION MEN

MENS SIZE CONVERSION

MEN C-MODEL (INCH)

Waist inch (garment size)	Waistband cm† (body measurement)	Inseam inch*	HH size
W28	78	L30*	C42
W28-W29	81	L31*	C44
W29-W30	84	L31*	C46
W31-W32	88	L32*	C48
W32-W33	92	L32*	C50
W33-W34	96	L32*	C52
W36	100	L33*	C54
W36-W38	104	L33*	C56
W38-W40	108	L34*	C58
W42	112	L34*	C60
W42-W44	116	L34*	C62
W44	120	L34*	C64
W46	124	L34*	C66
W46-W48	128	L34*	C68
W48-W50	132	L34*	C70
W50-W52	136	L34*	C72
W52-W54	140	L34*	C74

MEN C TALL-MODEL (INCH)

Waist inch (garment size)	Waistband cm† (body measurement)	Inseam inch*	HH size
W29-W30	84	L33*	C146
W31-W32	88	L34*	C148
W32-W33	92	L34*	C150
W33-W34	96	L34*	C152
W36	100	L35*	C154
W36-W38	104	L35*	C156
W36	100	L33*	C54
W36-W38	104	L33*	C56
W38-W40	108	L34*	C58
W42	112	L34*	C60
W42-W44	116	L34*	C62
W44	120	L34*	C64
W46	124	L34*	C66
W46-W48	128	L34*	C68
W48-W50	132	L34*	C70
W50-W52	136	L34*	C72
W52-W54	140	L34*	C74

MEN D-MODEL (INCH)

Waist inch (garment size)	Waistband cm† (body measurement)	Inseam inch*	HH size
W28-W29	82	L29*	D84
W29-W30	86	L29*	D88
W31-W32	90	L29*	D92
W32-W33	94	L30*	D96
W33-W34	98	L30*	D100
W36	102	L31*	D104
W36-W38	106	L31*	D108
W38-W40	110	L31*	D112
W42	114	L32*	D116
W42-W44	118	L32*	D120
W44	122	L32*	D124
W46	126	L33*	D128
W46-W48	132	L33*	D136
W46-W48	128	L34*	C68
W48-W50	132	L34*	C70
W50-W52	136	L34*	C72
W52-W54	140	L34*	C74

MEN C-MODEL (CM)

Waist inch (garment size)	Waistband cm† (body measurement)	Inseam cm*	HH size
W28	78	L30*	C42
W28-W29	80	79*	C44
W29-W30	84	80*	C46
W31-W32	88	81*	C48
W32-W33	92	82*	C50
W33-W34	96	83*	C52
W36	100	84*	C54
W36-W38	104	85*	C56
W38-W40	108	86*	C58
W42	112	87*	C60
W42-W44	116	87*	C62
W44	120	88*	C64
W46	124	88*	C66
W46-W48	128	88*	C68
W48-W50	132	88*	C70
W50-W52	136	88*	C72
W52-W54	140	88*	C74

MEN C TALL-MODEL (CM)

Waist inch (garment size)	Waistband cm† (body measurement)	Inseam cm*	HH size
W29-W30	84	85*	C146
W31-W32	88	86*	C148
W32-W33	92	87*	C150
W33-W34	96	88*	C152
W36	100	89*	C154
W36-W38	104	90*	C156
W36	100	L33*	C54
W36-W38	104	L33*	C56
W38-W40	108	L34*	C58
W42	112	L34*	C60
W42-W44	116	L34*	C62
W44	120	L34*	C64
W46	124	L34*	C66
W46-W48	128	L34*	C68
W48-W50	132	L34*	C70
W50-W52	136	L34*	C72
W52-W54	140	L34*	C74

MEN D-MODEL (CM)

Waist inch (garment size)	Waistband cm† (body measurement)	Inseam cm*	HH size
W28-W29	82	73*	D84
W29-W30	86	74*	D88
W31-W32	90	74*	D92
W32-W33	94	76*	D96
W33-W34	98	77*	D100
W36	102	78*	D104
W36-W38	106	79*	D108
W38-W40	110	80*	D112
W42	114	81*	D116
W42-W44	118	82*	D120
W44	122	83*	D124
W46	126	84*	D128
W46-W48	132	84*	D136
W46-W48	128	L34*	C68
W48-W50	132	L34*	C70
W50-W52	136	L34*	C72
W52-W54	140	L34*	C74

* Most of Helly Hansen Workwear C-sized and D-sized pants can be extended by unpicking a seam at bottom hem

† Measure where you place your pants

SIZE CONVERSION WOMEN

(INCH)

Waist inch (garment size)	Waistband cm† (body measurement)	Inseam inch*	HH size
W25-W26	65	L29*	C34
W26-W27	68	L30*	C36
W28-W29	72	L30*	C38
W29-W30	76	L31*	C40
W31-W32	80	L32*	C42
W32-W33	81	L32*	C44
W33-W34	88	L32*	C46
W36	93	L32*	C48
W38	98	L33*	C50
W40	103	L33*	C52

(CM)

Waist inch (garment size)	Waistband cm† (body measurement)	Inseam cm*	HH size
W25-W26	65	74*	C34
W26-W27	68	76*	C36
W28-W29	72	78*	C38
W29-W30	76	80*	C40
W31-W32	80	81*	C42
W32-W33	81	82*	C44
W33-W34	88	83*	C46
W36	93	83*	C48
W38	98	84*	C50
W40	103	84*	C52

* Most of Helly Hansen Workwear C-sized and D-sized pants can be extended by unpicking a seam at bottom hem

† Measure at belly-button height

FIND YOUR SIZE

MEN / FIND YOUR SIZE C- OR D-MODEL

Waistband width																				
Inseam length	78	80	82	84	86	88	90	92	94	96	98	100	102	104	106	108	110	112	114	116
72																				
73			D84																	
74				D88																
75					D92															
76						D96														
77							D100													
78	C42		D84*											D104						
79		C44			D88*										D108					
80				C46		D92*										D112				
81					C48		D96*										D116			
82						C50		D100*												
83	C42*							C52		D104*										
84		C44*							C54			D108*								
85			C46*							C56			D112*							
86				C48*							C58			D116*						
87					C50*							C60								
88						C52*							C62							
89							C54*													
90								C56*												
91									C58*											
92										C60*										
93											C62*									
94																				
95																				

* Most of Helly Hansen Workwear C-sized and D-sized pants can be extended by unpicking a seam at bottom hem

WOMEN / FIND YOUR SIZE C-MODEL

Waistband width																		
Inseam length	65	68	72	76	80	84	88	93	98	103	108	113	118	123	128	133	138	143
72																		
73																		
74	C34																	
75		C36																
76			C38															
77				C40														
78					C42													
79	C34*					C44												
80		C36*					C46											
81			C38*					C48										
82				C40*					C50	C52								
83					C42*						C54	C56	C58	C60	C62	C64	C66	C68
84						C44*												
85							C46*	C48*										
86									C50*	C52*								
87											C54*	C56*	C58*	C60*	C62*	C64*	C66*	C68*
88																		
89																		
90																		
91																		
92																		

* Most of Helly Hansen Workwear C-sized and D-sized pants can be extended by unpicking a seam at bottom hem